

CURRICULUM VITAE

I. Identification

- A. Name: Maria Montserrat Gimeno
- B. Academic Department: Music
- C. Present Academic Rank: Associate Professor

II. Education

A.

Degree	Date Received	Institution & Location	Major Field
Circles of the Self	October 2015	Online Carol Bush	Mandala Assessment Testing Instrument Level II
License Creative Art Therapy (LCAT)	October 2013	New York Department of Education, NY	Mental Health
NICU (Neonatal Intensive Care Unit)	April 2012	Tallahassee State University, FL	Music Therapy
Clinical Applications of Drawn Mandalas	October 2011	Atlantis Institute, Baltimore, MD	Music Therapy
Doctor of Education	May 2008	University of the Pacific, Stockton, CA	Counseling Psychology
Fellowship AMI (American Music and Imagery)	September 2006	The Therapeutic Arts Institute, San Francisco, CA	The Bonny Method of Guided Imagery and Music
Master of Arts	August 2000	University of the Pacific, Stockton, CA	Music Therapy
Music Therapist Board Certification (MT-BC)	April 1999	The Certification Board for Music Therapy, Los Angeles, CA	Music Therapy Board Examination
Neurologic Music Therapy	October 1999	Colorado State University, Ft. Collins, CO	Music Therapy
Bachelor of Music	May 1997	Willamette University, Salem, OR	Music Therapy
Diploma of Nursing Administration	June 1988	Escola de Alta Direcció I Administració, Barcelona, Spain	Nursing Administration
Diploma of Nursing	June 1978	Universitat Autònoma de Barcelona Barcelona, Spain	Nursing

Continuing Music Therapy Education Courses Completed

Certifications	Date Received	Institution & Location	Major Field
A Dialogue on Current and Future Music Therapy Practice in New York State	August 2015	State University of New York (SUNY) at New Paltz, NY	Music Therapy
Inner Ethics	July 2015	Association for Music and Imagery International Conference at Renaissance Hotel, Elizabeth, NJ	Music Therapy
Maximizing the Therapeutic Mileage of Your Musical Engagement	April 2015	State University of New York (SUNY) at New Paltz, NY	Music Therapy
Envisioning the Future of Music Therapy: An International Symposium	April 2015	Temple University, Philadelphia, PA	Music Therapy
Everyday Ethics: Marketing, Public Relations, and You	March 2015	American Music Therapy Association, Mid-Atlantic Region Conference, Ocean City, MD	Music Therapy
Pre-Conference Institute: Safety, Security, and Sanctuary in Trauma-Informed Music Therapy Practice	March 2015	American Music Therapy Association, Mid-Atlantic Region Conference, Ocean City, MD	Music Therapy
Counseling Skills in Psychiatric & Other Music Therapy Settings	November 2014	American Music Therapy Association, National Conference, Louisville, KY	Music Therapy
Improvise, Individualize and Self-Actualize: Autism and Developmentally Informed Music Therapy	April 2014	State University of New York (SUNY) at New Paltz, NY	Music Therapy
Reducing Stress Through Analytical Music Therapy Techniques	April 2014	American Music Therapy Association, Mid-Atlantic Region Conference, Buffalo, NY	Music Therapy
75 Years of Music Therapy at Pacific: A Celebratory Symposium	March 2014	University of the Pacific, Stockton, CA	Music Therapy
Evidence-Based Medical Music Therapy: An Overview of Efficacy and Innovation in Research and Clinical Practice	November 2013	American Music Therapy Association, National Conference, Jacksonville, FL	Music Therapy

Medical Music Psychotherapy from a Family Systems Perspective	December 2013	State University of New York (SUNY) at New Paltz, NY	Music Therapy
The Healing Power of Vocal Psychopathology	December 2012	State University of New York (SUNY) at New Paltz, NY	Music Therapy
Music Therapy Drumming: Level I Training	October 2012	National Music Therapy Conference, St. Charles, IL	Music Therapy
Therapeutic Applications of Music Therapy Across Cultures	March 2012	Regional Music Therapy Conference, Baltimore, MD	Music Therapy
Music Therapy in Addictions Treatment	March 2012	Regional Music Therapy Conference, Baltimore, MD	Music Therapy
Supervising the Music Therapy Intern	November 2011	National Music Therapy Conference, Atlanta, GA	Music Therapy
Making Music Accessible: Innovative Applications of Technology in Music Therapy	November 2011	National Music Therapy Conference, Atlanta, GA	Music Therapy
Lessons Learned in Licensing Creative Arts Therapist	March 2011	Regional Music Therapy Conference, Pittsburg, PA	Music Therapy

B.

Doctoral Dissertation: “Effect of Music and Imagery to Induce Relaxation and Reduce Nausea and Emesis in Patients with Cancer Undergoing Chemotherapy Treatment.” Implemented a research protocol for cancer patients undergoing chemotherapy treatment. Applied an adaptation of The Bonny Method including relaxation training. From the 20 participants in this study, there was a strong positive response with a decrease of nausea over time.

Clinical Clerkship: “The Use of Rhythmic Auditory Stimulation for Stroke and Traumatic Brain Injury Patients.” A gait training protocol for stroke and traumatic brain injury patients was established at San Joaquin General Hospital in Stockton, CA, using a technique called “Rhythmic Auditory Stimulation” (RAS). The gait training protocol ran for six weeks. Results showed that RAS organized the motor coordination of all four participants, because all improved their gait performance on the three variables: gait cadence, velocity and stride length.

Research study at the Health Alliance of the Hudson Valley, Kingston, NY: “The Effect of Music Induced Relaxation (MIR) on Anxiety of Orthopedic Surgical Patients.” This study involves patients recovering from orthopedic surgery who received music therapy treatment within 24-hours post-surgery. This study followed a randomized controlled trial design; 32 patients were assigned to either the control or the experimental group. The experimental group received music and imagery therapy treatment while the control group did not. The technique used is called Music/Imagery Induced Relaxation (MIR), an adaptation of the Bonny Method, which uses the patient’s experience of wellbeing to induce relaxation while the patient listens to preferred music. A statistical analysis of the data was conducted using a Repeated Measures t-test. Independent variables included the music used in each session, which varied per client regarding music preferences and imagery. Dependent variables included level of pain and anxiety as well as physiological measures of heart rate and blood pressure. Results indicated a significant decrease in the level of pain after music therapy treatment, while anxiety reduction approached significance. Statistical significance was found for systolic blood pressure from pre-to post session, while diastolic blood pressure approached significance following the music treatment. After the session, each client responded to a satisfaction survey, and the results show that all participants had a positive experience.

III. History of Professional and Related Experience

Year	Rank	Institution & Location	Title/Type of Activity	Full-time or Part-time
June 2017	Invited Professor	Music Therapy Service Center, Chengdu, China	MED-GIM Application in the Medical Setting of The Bonny Method	30 Hour Course
June 2015 to Present	Associate Professor	State University of New York (SUNY) at New Paltz, NY	Instructor at the Music Therapy Program	Full-time
2009 to June 2015	Assistant Professor	State University of New York (SUNY) at New Paltz, NY	Instructor at the Music Therapy Program	Full-time
Spring 2017 (Sabbatical Period)	Researcher	Amrita Institute of Medical Science and Research Center	The Effects of Music Imagery Relaxation (MIR) on Anxiety Levels of Indian Woman Undergoing Breast Cancer Surgery	Full Time
Fall 2016 (Sabbatical)	Researcher	Center for Music Therapy Education	The Effects of Music Therapy and Guided	Full Time

Period)		and Research at Mahatma Gandhi Medical College and Research Institute, Pondicherry, Tamil Nadu, India	Imagery on Pain and Psycho-Physiological Parameters in Patients Posted for Percutaneous Coronary Interventions	
July 2017	Associate Trainer	Catalan Association of Music Therapy, Barcelona, Spain	Level III (M-III The Transpersonal, and Music & The Psyche Part II) Training of The Bonny Method of GIM	48 Hour Course
June 2016	Invited Professor	EMei Shan Psychology Institute (EPI) Shan City, SiChuan province, China	MED-GIM Application in the Medical Setting of The Bonny Method	20 Hour Course
January 2017	Associate Trainer	Catalan Association of Music Therapy, Barcelona, Spain	Level III (M-II Myth & Archetype, and Music & The Psyche Part I) Training of The Bonny Method of GIM	42 Hour Course
December 2016	Invited Professor	ESMUC, Music Conservatory, Barcelona, Spain	Introduction to The Bonny Method of GIM	10 Hour Course
September 2016	Guest Speaker	50 th Anniversary of the Argentinian Association of Music Therapy	Music Imagery Relaxation Technique (MIR)	8 Hour Workshop
July 2016	Associate Trainer	Catalan Association of Music Therapy, Barcelona, Spain	Level III (M-I) Training of The Bonny Method of GIM	40 Hour Course
June 2016	Invited Professor	Music Therapy Service Center, Chengdu, China	MED-GIM Application in the Medical Setting of The Bonny Method	30 Hour Course
January 2016	Associate Trainer	Catalan Association of Music Therapy, Barcelona, Spain	Level II Training of The Bonny Method of GIM	52 Hour Course
July 2015	Associate Trainer	Catalan Association of Music Therapy, Barcelona, Spain	Level I Training of The Bonny Method of GIM	36 Hour Course
July 2015	Invited	University of	Introduction to The	10 Hour

	Professor	Pumpeu Fabra, Barcelona, Spain	Bonny Method of GIM	Course
January 2015	Invited Professor	University of Pumpeu Fabra, Barcelona, Spain	Introduction to The Bonny Method of GIM	10 Hour Course
May 2014	Assistant Professor	State University of New York (SUNY) at New Paltz, NY	Summer Course: A Continuing Education Course for Music Therapists: Music & Imagery (MI): Applications in a Medical Setting	30 Hour Course
January 2014	Invited Professor	University of Pumpeu Fabra, Barcelona, Spain	Introduction to The Bonny Method of GIM	10 Hour Course
October 2013	Invited Professor	Integrative Music Institute, Charlottesville, VA	Assisting at Level III of GIM Training: Supervisory Module	30 Hour Course
June 2013	Invited Professor	Catalonian Music Therapy Association, Rupit, Barcelona, Spain	A Continuing Education Course for Music Therapists: Music & Imagery (MI): Applications in a Medical Setting	30 Hour Course
May 2013	Assistant Professor	State University of New York (SUNY) at New Paltz, NY	Summer Course: A Continuing Education Course for Music Therapists: The Use of MI in Medical Setting	30 Hour Course
January 2013	Invited Professor	University of Pumpeu Fabra, Barcelona, Spain	The Bonny Method of GIM	5 Hour Seminar
January 2013	Invited Professor	Centre de Teràpia Gestalt i Corporal, Palma de Mallorca, Spain	The Bonny Method of GIM	5 Hour Seminar
June 2012	Invited Professor	University of Alcalá, Madrid, Spain	Clinical Supervision to GIM Students	Part Time 80 Hour Supervision
June 2011	Invited Professor	Central Conservatory of Music, Beijing, China	Introduction to Music & Imagery Course	12 Hour Course
June 2011	Invited Professor	National Institute of Health (Ibsalut),	Music & Imagery in Medical Settings	24 Hour Course

		Palma de Mallorca, Spain		
January 2003-2011	Invited Professor	Instituto de Terapias Globales, Bilbao, Spain	Introduction to The Bonny Method of GIM Course	12 Hour Course
January 2011	Invited Professor	University of Pompeu Fabra, Barcelona, Spain	The Bonny Method of GIM Workshop	4 Hour Seminar
May 2010	Invited Professor	Anne Marie College, Paxton, MA	GIM Training Level I	Wed-Sunday Seminar
January 2010	Invited Professor	University of Alcalá de Henares, Madrid, Spain	GIM Training Level I	Wed-Sunday Seminar
January 2009	Invited Professor	University of Pompeu Fabra, Barcelona, Spain	The Bonny Method of GIM Workshop	4 Hour Seminar
April 2009	Invited Professor	Therapeutic Art Institute, San Francisco, CA	GIM Training Level II	Wed-Sunday Seminar
December 2008	Invited Professor	University of Alcalá de Henares, Madrid, Spain	Introduction to The Bonny Method of GIM Course	12 Hour Course
Fall 2007	Adjunct	University of the Pacific, Stockton, CA	Teaching Spanish Course	Fall Semester
August 2007	Invited Professor	Therapeutic Art Institute, San Francisco, CA	GIM Training Level I	Wed-Sunday Seminar
1999-2007	Rehabilitation Therapist	San Joaquin County Mental Health, Stockton, CA	Providing Music Therapy Sessions	Part-time
December 2003	Lecturer	Universitat Blanquerna, Barcelona, Spain	Introduction to The Bonny Method of GIM Course	12 Hour Course
December 2002	Lecturer	University Ramon Llull, Barcelona, Spain	Introduction to The Bonny Method of GIM Course	15 Hour Course
January 1999	Lecturer	Son Dureta Hospital, Palma de Mallorca, Spain	Introduction to Music Therapy	8 Hour Seminar
Summer 1998/99	Child-Life Assistance	Oakland Children Hospital, Oakland, CA	Providing Music Therapy Sessions	Two Semesters 10 Hours

				Weekly
January-June 1997	Music Therapy Intern	Langly Porter Psychiatric Institute, University of California, San Francisco, CA	Providing Music Therapy Sessions	Six Months 40 Hour Weekly
Summer 1996	Practicum Student	Doernbecher Children's Hospital, Oregon Health Science University, Portland, OR	Providing Music Therapy Sessions	Per Diem
Summer 1995	Nurse Assistance	The Hampton Special Care, Center, Vancouver, WA	Providing Care to Residents	Per Diem

IV. Fellowships, Awards, Scholarships, and Academic Honors

- Provost Research and Creative Award 2016-2017
- Provost Research and Creative Award 2014-2015
- UUP Professional Development Award 2011-2016
- Volunteer of the Quarter at Benedictine Hospital 2012
- Project Teach, Gladys Benerd School of Education 2003
- National Music Honor Society of Pi Kappa Lambda 2000
- University of the Pacific Scholarship 1998
- All-American Scholar Award 1997
- Willamette University, College Honors 1997
- WRAMT Intern Scholarship 1996
- Willamette Outstanding Student Award 1996
- Doernbecher Children's Hospital Rose Award 1996
- University of the Pacific Scholarship 1998-2000
- Willamette University Scholarship 1994-95

V. Publications, Commissioned Works, Artistic Achievements, and Other Professional Accomplishments

- A. Gimeno, M. M (2016). Music therapy and anxiety in preoperative stress. *Annals of SBV*, 5(2), 7-47. Retrieved from <http://sbvu.ac.in/annals-archive/>.
- B. Gimeno, M. M. (2016). The power of imagery in the Bonny method of guided imagery and music. *Music Therapy Today*, 12(1), 28-41. Retrieved from <http://musictherapytoday.wfmt.info>.
- C. Gimeno, M. M. (2016). Supervisión en el método Bonny de imagen guiada y música (BM or GIM). In López, A. & Nieto, J. (Eds). *La Supervisión en Musicoterapia* (pp. 73-85). Universidad de Murcia, Spain Publishers.

- D. Gimeno, M. M. (2015a). The effects of music imagery relaxation technique (MIR) in medical setting. In Sumathy, S. & Srinivasan, V. (Eds). *Proceedings of 2nd International Conference on Current Trends in Music Therapy Education, Clinical Practice and Research*. (pp30-37). Pondicherry: Centre for Music Therapy Education and Research; Mahatma Gandhi Medical College and Research Institute; Sri Balaji Vidyapeeth.
- E. Gimeno, M. M. (2015b). MED-GIM Adaptations of the Bonny method for medical patients: individual sessions. In Moe, T. & Grocke, D. E. (Eds). *The Music Imagery - Guided Imagery and Music (GIM) Spectrum: A Continuum of Practice*. Gilsum, NH: Barcelona Publishers.
- F. Gimeno, M. M. (2014). Música e Imagen (MI) fundamentos y aplicación terapéutica: ilustración de caso. *Música Terapia y Comunicación Journal*, 34, 5-12. Bilbao, Spain.
- G. Gimeno, M. M. (2010). The effect of music and imagery to induce relaxation and reduce nausea and emesis in patients with cancer undergoing chemotherapy treatment. *Music and Medicine Journal*, 2(3), 174-181.
- H. Gimeno, M. M. (2010). EL uso de la música y la imagen en oncología. En Martí, P. & Mercadal, M. (Eds), *Musicotrapia en Medicina Aplicaciones Práctica*, 14, 1-14. Badalona, SP. Editorial Médica Jims.
- I. Gimeno, M. M. (2008). The effect of music and imagery to induce relaxation and reduce nausea and emesis in cancer patients undergoing chemotherapy treatment. *Doctoral Dissertation, University of the Pacific*, Stockton, CA.
- J. Gimeno, M. (2005). Theoretical orientation of the Bonny method of guided imagery and music (BMGIM). A method of transformation. *Aloma Journal*, 16, 131-142. Barcelona, SP: Blanquerna's University.

VI. In Progress

- A. The Effects of Music Imagery Relaxation (MIR) on Anxiety Levels of Indian Women Undergoing Breast Cancer Surgery. To be submitted to the Journal of Music Therapy.
- B. Creating Playlists of Devotional Music Preferences in Indian Culture Addressing the Three Major Religions: (1) Hinduism; (2) Christianity; and (3) Islam. To be submitted to the Journal of Music and Medicine.
- C. A Pilot Study Assessing the Validity of a Culturally-informed, Self-developed Questionnaire Examining Pre-/Post-surgery Anxiety in Oncology Patients. To be submitted to the journal, Voices.
- D. A Research-based Protocol Administering a Pre-surgery Music Imagery Relaxation (MIR) Intervention in India: Adaptations and Cultural Considerations. To be submitted to the journal, Music Therapy Perspectives.
- E. Reflections on Music Therapy Approaches to Assess Pre-Surgery Anxiety: Considerations in Determining the Efficacy of Music Therapy in Reducing Pre-surgery Anxiety. To be submitted to the journal, Music Therapy Today.

VII. Non-peer Reviewed or Other Publications or Creative Works (Interviews, Newsletters, etc.)

- A. February 2017. Impressions of a Sabbatical year in South India by Dr. Petra Kern, P. VLOG #12. https://www.youtube.com/watch?v=ltLv_fmgs1w.

- B. March 2016. Interviewed by the Balearic Radio, Mallorca Spain regarding the Music Therapy curriculum in the USA and Spain: <http://ib3tv.com/carta?id=bd1454d7-fd29-429e-8607-7a5c082acc36> (interview starts at minute 14).
- C. March 2016. Interviewed by Lisa Haney from Women’s Health magazine regarding the health benefits of listening to music. <https://www.linkedin.com/in/lisajoneshaney>.
- D. June 2015. India Newsletter. <http://faculty.newpaltz.edu/mariamontserratgimeno/files/2015/10/India-News-Letter-JUNE-2015-JUST-ARTICLE.compressed.pdf>.
- E. March 2015. Association for Music and Imagery Newsletter. <http://faculty.newpaltz.edu/mariamontserratgimeno/files/2015/10/AMI-newsletter-Spring-15.pdf>.
- F. January 2015. Interviewed by Cecilia Barrios director of Lamusicoterapia web page: <http://www.lamusicoterapia.com/imagen-guiada-con-musica-2/>.
- G. January 2013. Interviewed by IB3 Radio in the program “Vida Mediterrànea”, Palma de Malorca, Spain. <http://ib3tv.com/carta?id=143fefdd-fee4ceb-8ba5-9239a6c20f75&type=RADIO>.
- H. July 2012. Interviewed by the University of Pompeu Fabra, Barcelona, Spain: <http://www.lamusicoterapia.com/recursos/entrevistas/entrevista-a-maria-montserrat-gimeno-musicoterapeuta-especialista-en-el-trabajo-de-la-musica-unida-a-la-imagen.html>.
- I. April 2012. I videotaped and recorded an interview at the request of the Music Therapy Association to interview Dr. Mary Boyle. This videotape is now in the archives of the association. Some cuts of this video were shown last October at the National Music Therapy Conference as a tribute to Dr. Mary Boyle. I also created a slideshow of Dr. Boyle’s life for her Memorial here at SUNY New Paltz.
- J. January 2010. Interviewed by *The Poughkeepsie Journal* on the session that I gave to patients at the Oncology Support Program at Benedictine Hospital. <http://www.poughkeepsiejournal.com/article/20110109/NEWS06/101090320/Therapy-sessions-make-music-the-medicine-of-the-mind>.

VIII. Professional Papers, Workshops, and other Presentations

Participant	Presentation Professional Paper	Place	Date
		Barcelona, Spain	July 2017
		Chengdu, China	June 2017
National Music Therapy Conference (AMTA)	Program Recruiter	Saint Louis, MO	November 2017
The 15 th World Congress of Music Therapy	Outcomes of a Pilot Study on Music Imagery Relaxation on Pre-Post Surgery Anxiety Levels with Women in India	Tsukuba, Japan	July 2017
Guest Speaker International Music	Clinical Research on Adaptations of the	Mahatma Gandhi Medical College,	March 2017

Therapy Conference: Salutogenic Approach to Health	Bonny Method of Guided Imagery and Music	Pondicherry, Tamil Nadu, India	
AIMS Hospital	Bonny Method of Guided Imagery and Music Presentation for the Clinical Psychology Department	Kochi, Kerala, India	March 2017
Mahatma Gandhi Medical College	Workshop on <i>Music Imagery Relaxation (MIR)</i>	Mahatma Gandhi Medical College, Pondicherry, Tamil Nadu, India	March 2017
AIMS Hospital, Kochi, Kerala, India	Workshop to Staff and Students to the Clinical Psychology Department: Application of Music and Imagery (MI) in Medical Setting	Amrita Institute of Medical Science, Kochi, Kerala, India	February 2017
Guest Speaker 50 th Anniversary of the Argentinian Association of Music Therapy	Overview of the Bonny Method of Guided Imagery and Music (GIM)	Buenos Aires, Argentina	September 2016
The 4 th International Conference of Music and Medicine	Oral Presentation: The Effects of Music Induced Relaxation (MIR) on Pain and Anxiety of Patients Undergoing Orthopedic Surgery	China Hall of Science and Technology, Beijing, China	June 2016
The 4 th International Conference of Music and Medicine	Workshop: Music Imagery Relaxation (MIR) Adults Clinical Applications	China Hall of Science and Technology, Beijing, China	June 2016
Wuhan Conservatory of Music. Music Therapy Program	Eight-hour workshop on Music Imagery Relaxation technique (MIR)	Wuhan, China	June, 2016
Beijing Central Conservatory of Music, Music Therapy Program	Overview of The Bonny Method of GIM and its Adaptations	Beijing, China	June 2016
SUNY New Paltz	Music and Imagery Workshop to Resident Assistants	Bevier Residential Hall	April 2016
Mid-Atlantic Region Music Therapy Conference	Communicating Through Music with Spanish Speaking Clients	Harrisburg, PA	March 2016

SUNY New Paltz	Providing Music and Imagery Sessions to Resident Assistants	Psychological Counseling Center	February – May 2016
SUNY New Paltz	Providing Music and Imagery Sessions to Resident Assistant	Gage Residential Hall	September-December 2015
MUS540 Music Therapy Foundations Class	Didactic and Experiential Lecture in BMGIM	SUNY New Paltz	November 2014
SUNY New Paltz	Music and Imagery Presentation-Workshop	Gage Residential Hall	September 2015
Mahatma Gandhi Medical College and Research Institute	The Effects of Music Imagery Relaxation in Medical Settings	Pondicherry, Tamil Nadu, India	June 2015
Amrita Institute of Medical Science	Evidenced Based Music Therapy Practice in Medicine-Research Proposal	Kochi, Kerala, India	June 2015
Center for Music Therapy, Education and Research (CMTER)	Instructor in Workshop for Guided Imagery Relaxation (MIR) Technique	Pondicherry, India	June 2015
Arts and Quality of Life Research Center: Envisioning the Future of Music Therapy	Attendance to the Seventh Arts and Quality of Life Research Center Conference	Temple University Philadelphia, PA	April 2015
Mid-Atlantic Region Music Therapy Conference	Supervision in the Bonny Method of Guided Imagery and Music	Ocean City, MD	March 2015
Catalan Music Therapy Association	Inner Transformation with Music: Applications of the Bonny Method	Barcelona, Spain	January 2015
Sant Honorat Retreat Center	Personal Growth Through Music and Imagery	Palma de Mallorca, Spain	January 2015
National Music Therapy Conference	The Effects of “Music Imagery Relaxation” (MIR) on Anxiety of Patients Undergoing Orthopedic Surgery	Louisville, KY	November 2014
Psychological Counseling Center Faculty and Staff Meeting	Collaboration Between Disciplines	Psychological Counseling Center, SUNY New Paltz	September 2014
Sant Honorat Retreat Center	Personal Growth Through Music and Imagery	Palma de Mallorca, Spain	August 2014
The World Congress of Music Therapy	Workshop on the Application of MIR in the Medical Setting	Vienna, Austria	July 2014

Mid-Atlantic Region Music Therapy Conference	Theoretical Orientation of the Technique MIR (Music Induced Relaxation)	Buffalo, NY	April 2014
Mental Health Counseling Program	Music and Imagery Workshop	SUNY New Paltz, NY	April 2014
Music Therapy Symposium	Fundamentals and Clinical Applications of MED-GIM	Stockton, CA	March 2014
MUS540 Music Therapy Foundations Class	Didactic and Experiential Lecture in BMGIM	SUNY New Paltz	November 2014
National Music Therapy Conference	Medical-Guided Imagery and Music (MED-GIM), Adaptation of The Bonny Method	Jacksonville, FL	November 2013
Association for Music & Imagery Conference	MED-GIM: Applications in Medical Setting	Vancouver, Canada	June 2013
Mid-Atlantic Region Music Therapy Conference	An Analysis of Music Therapy Graduate Student Theses at SUNY New Paltz	Scranton, PA	April 2013
Health Alliance of the Hudson Valley	Music Therapy: A Career Choice. Workshop to BOCES Ulster Students	Kingston, NY	February 2013
National Music Therapy Conference	Music and Imagery in Pediatrics	St. Charles, IL	October 2012
7th Nordic Music Therapy Congress	Developing Imagery Scripts for Relaxation in Medical Setting	Jyväskylä, Finland	June 2012
Mid-Atlantic Region Music Therapy Conference	Developing Imagery Scripts for Relaxation in Medical Setting	Baltimore, MD	March 2012
National Music Therapy Conference	The Power of Imagery in The Bonny Method of GIM Connecting with the Inner World: A Case Study	Atlanta, GA	November 2011
13 th World Music Therapy Congress	Two Hour Workshop: Music and Imagery in Oncology a Supportive Therapy for Crisis Intervention	Seoul, South Korea	July 2011
Mid-Atlantic Region Music Therapy Conference	Five Hour CMTE Course: Music and Imagery; Clinical Applications in Medical Settings	Saratoga, NY	March 2011
Parkinson's Support Group	Guest Speaker; Workshop Facilitator in Music and Pain Management	Rhinebeck, NY	March 2011
National Music Therapy	A Case Study: The Use of	Cleveland, OH	November 2010

Conference	Music and Imagery in Oncology		
European Music Therapy Congress	The Effect of Music and Imagery to Reduce Nausea and Emesis in Cancer Patients Undergoing Chemotherapy Treatment	Cadiz, Spain	May 2010
Mid-Atlantic Region Music Therapy Conference	The Use of Short Music Journeys in Oncology an Adaptation of The Bonny Method of GIM	Pittsburg, PA	March 2010
Association for Music & Imagery Conference	Conference Attendee	Chicago, IL	June 2009
Western Regional Music Therapy Conference	The Effect of Music and Imagery to Reduce Nausea and Emesis in Cancer Patients Undergoing Chemotherapy Treatment	Stockton, CA	March 2009
National Music Therapy Conference	Conference Attendee	St. Louis, MO	November 2008
8 th European GIM Conference	The Effect of Music and Imagery to Reduce Nausea and Emesis in Cancer Patients Undergoing Chemotherapy Treatment	Grimstad, Norway	September 2008
7 th European GIM Conference	Conference Attendee	Ammerdown, United Kingdom	September 2006
Association for Music & Imagery Conference	Conference Attendee	Bowen Island, WA	June 2005
Cultural Competency and Mental Health Summit	Guided Imagery and Music, an Unfolding Psychotherapeutic Technique to Bring Consciousness in the Life of Older Adults	Sacramento, CA	November 2005
Association for Music & Imagery Conference	Conference Attendee	Detroit, MI	June 2003
Association for Music & Imagery Conference	Conference Attendee	Atlanta, GA	June 2002
National Music Therapy Conference	Conference Attendee	Pasadena, CA	November 2001
Regional Music Therapy Conference	The Effects of Using Rhythmic Auditory Stimulation with Stroke Patients: A Pilot Study	Reno, NV	March 2001

National Music Therapy Conference	Conference Attendee	Saint Louis, MO	November 2000
Cultural Competency Conference	Conference Attendee	Sacramento, CA	May 2000
World Music Therapy Congress	Congress Attendee	Washington, DC	November 1999
Distinguish Psychiatrists Symposium, UCDCM.	Conference Attendee	Sacramento, CA	October 1999
Western Regional Music Therapy Conference	Conference Attendee	San Jose, CA	March 1999
National Music Therapy Conference	Conference Attendee	Cleveland, OH	November 1998
Western Regional Music Therapy Conference	Conference Attendee	Mesa, AZ	April 1998
Western Regional Music Therapy Conference	Conference Attendee	Orange County, CA	April 1996
National Music Therapy Conference	Conference Attendee	Nashville, TN	November 1996
Western Regional Music Therapy Conference	Conference Attendee	Seattle, WA	May 1995
National Music Therapy Conference	Conference Attendee	Houston, TX	November 1995
National Music Therapy Conference	Conference Attendee	Orlando, FL	November 1994
St. Thomas Aquinas College	Introduction to Music Therapy	Sparkill, NY	November 2010
Benedictine Hospital at Reuner Cancer Support House	Workshop Facilitator: Music and Imagery in Oncology	Kingston, NY	October 2010
Benedictine Hospital at Reuner Cancer Support House	Workshop Facilitator: Music and Imagery in Oncology	Kingston, NY	May 2010

Unitarian Universalist Fellowship	Workshop Facilitator: Guided Imagery and Music	Modesto, CA	March 2008
Mari Card Mandala Training	Workshop Attendee	Eastern Shore, MD	August 2003
Cultural Competency	Workshop Attendee	Sacramento, CA	November 2001
Music Improvisation with David Darling	Workshop Attendee	Palo Alto, CA	June 1999
Mind, Body, and Spirit. University of the Pacific	Workshop Attendee	University of the Pacific, Stockton, CA	May 1998
Guitar Skills for Music Therapist.	Workshop Attendee	University of the Pacific, Stockton, CA	May 1998
Music Therapy with Hearing Impaired Population	Workshop Attendee	Willamette University, Salem, OR	April 1996

IX. Most Significant Professional Activities in the Areas of Public Service and College/University Service

- A. Fall 2016, a sabbatical semester at the Center for Music Therapy, Education and Research (CMTER) at Mahatma Gandhi Medical College and Research Institute in Pondicherry, Tamil Nadu, India. During this semester, I collaborated in a research study entitled, “The Effects of Music Therapy and Guided Imagery on Pain and Psycho-Physiological Parameters in Patients Posted for Percutaneous Coronary Interventions,” gave lectures concerning the use of Music and Imagery in the medical setting, and observed, and provided feedback to, music therapists working in diverse departments of the hospital.
- B. Elected Ninth Alternate Delegate for the 2018-2019 term for the American Music Therapy Association (AMTA).
- C. In December, I taught an introductory course on the Bonny Method of Guided Imagery and Music at the Music Conservatory (ESMUC) of Barcelona, Spain.
- D. I was invited, as a Guest Speaker, to the 50th anniversary of the Argentinian Music Therapy Association in September 2016.
- E. Received approval for a proposal to present the outcomes of the research study at AIMS in Kochi, Kerala, India in July 2017 at the World Congress of Music Therapy held in Japan.
- F. Applied for the Provost Research and Creative Award, and was awarded \$2,000.00.
- G. Spring 2016, I wrote three grant proposals to support the research study in India. Unfortunately, all of them were declined. The grants were addressed to:

- 1) The National Institute of Health (NIH)
 - 2) The American Music Therapy Association
 - 3) The Mid-Atlantic Association for Music Therapy
- H. Fall 2015 to Spring 2016, member of Search Committee for Provost and Vice President of Academic Affairs.
 - I. Fall 2015 to Spring 2016, provided Music and Imagery sessions to Resident Assistants at the Gage Residential Hall on Monday evenings.
 - J. January 2016, coordinated and translated didactic material from English to Spanish for the GIM Level II training in Barcelona, Spain.
 - K. Fall 2015, received approval for a proposal to teach a continuing education 30-credit course for music therapists (CMTE), titled *Communication Through Music with Spanish-Speaking Clients*.
 - L. Fall 2015, wrote a grant proposal, to the PAR-14-007, entitled *NCI Small Grants Program for Cancer Research (NCI Omnibus R03)*, to support the research study in India. The proposal was not granted.
 - M. Fall 2015, collaborated with the SUNY New Paltz Psychological Counseling Center. I gave a Music and Imagery workshop to Resident Assistants.
 - N. Received approval for a proposal for a Sabbatical year (2016-2017) in India to conduct a research study.
 - O. A research proposal to conduct a study in India was sent to IRB/HREB and approved.
 - P. July 2015, I coordinated the first training in the Bonny Method of GIM I (Level 1).
 - Q. Summer of 2015, I traveled to Amrita Institute of Medical Sciences (AIMS) Hospital in Kochi, Kerala, India. While there, I presented a research study (outlined below) and potential research opportunities in their hospital.
 - R. Summer of 2015, I visited the Center of Music Therapy Education and Research in the Mahatma Gandhi Research Institute in Pondicherry, Tamil Nadu, India. During my stay, I contributed to *The Harmony Bulletin*, gave a workshop in Music and Imagery in medical settings.
 - S. May of 2015, I completed a research study at the Health Alliance of the Hudson Valley in Kingston, NY entitled, *The Effects of Music Induced Relaxation (MIR) on Anxiety of Orthopedic Surgical Patients*. This study was presented last June 2015 in Pondicherry at the 2nd International Conference of Music Therapy on *Current Trends in Music Therapy Clinical Practices, Training and Research*, June 23, 2015. The conference was held at the Center for Music Therapy, Education and Research (CMTER) at Mahatma Gandhi Medical College and Research Institute in Pondicherry, Tamil Nadu, India, and is now being submitted for publication to the *Journal of Alternative and Complementary Medicine*.
 - T. I wrote two proposals in Spring of 2015 to bring two guest speakers to campus. One was for Dr. Sumathy Sundar, Music Therapy Program Director at the School of Music in Chennai, India, to teach a 25-hour workshop called: *Indian Healing Traditions in Music Therapy Practice and Research*. The second was for Professor Carol Bush to teach a course regarding *Circles of the Self*, an assessment tool for practitioners. The proposals were not approved.
 - U. I participate in the Open Houses for undergraduate and graduate students at SUNY New Paltz every semester.
 - V. I served as a juror for music therapy graduate students' auditions.

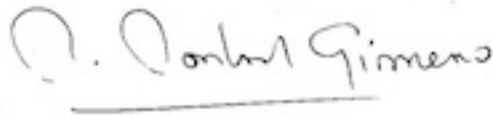
- W. Spring of 2015, I mentored a student, Matt Dalton, for his Independent Study on the use of music therapy on dementia patients, and Maddie Chilton of the Honor's Program for her thesis project on parent-child bonding in the NICU.
- X. Spring of 2015, I mentored a student, Gabrielle Bouissou, in a research proposal in the 1st Annual SUNY Undergraduate Research Conference in SUNY Brockport.
- Y. I was elected to serve in the Academic Standing Committee for the Fine & Performing Arts in Spring 2015.
- Z. I assisted Janice Anderson, Presiding Officer of Faculty Meetings, from Fall 2014 to Spring 2015.
- AA. Since August 2015, I have served on the Scholarship Committee for SUNY New Paltz.
- BB. I wrote a Music and Imagery proposal to Woodland Pond to offer Music and Imagery (MI) sessions to older adults who are living at in the independent unit Spring 2015.
- CC. I wrote a Music and Imagery proposal to the Psychological Counseling Center in Campus to offer Music and Imagery (MI) sessions to Resident Assistants in a program called "Self Care," Spring 2015.
- DD. I was the ambassador for SUNY New Paltz at the University of Limerick, Summer 2014.
- EE. I supported and attended the 11th Annual Mid-Atlantic Music Therapy Passages Conference that was held at SUNY New Paltz in October 2014.
- FF. Member of the RSCA Committee at SUNY New Paltz from Fall 2013 to present.
- GG. Member of the Organization Committee at SUNY New Paltz from Fall 2010 to Spring 2013.
- HH. Member of the Educational Committee for the American Music and Imagery Association since 2009 to present.
- II. Elected Delegate-Alternate for the annual American Music Therapy (AMTA) conferences for 2014 and 2016.
- JJ. Member of Search Committee for a music therapy faculty position at the music therapy program, Spring 2013.
- KK. Member of Search Committee for a Music Therapy Program Director position at the Music Therapy Program, Spring 2012.
- LL. Wrote a proposal for SUNY New Paltz Summer School Program in "The Use of Music and Imagery in a Medical Setting," a CMTE credit for music therapists. This course was approved and offered as a 2-credit elective course to music therapy students in their second year of the graduate program as well as to music therapists working in the field.
- MM. Opened Internship Programs for Music Therapy students to intern at Health Alliance of the Hudson Valley in the Oncology Unit, Surgical Ward, Physical Rehabilitation floor, Detox Unit, Mental Health Inpatient Unit, Adult Partial Hospitalization, and Adolescent Partial Program. Besides Benedictine Hospital, I have provided openings for the following internships sites: Elizabeth Seton Pediatric Center in Yonkers, NY; Northeast Center for Traumatic Brain Injury in Lake Katrina, NY; and Ulster-Greene ARC services in Kingston, NY. Presently, I collaborate with clinical supervisors and interns as an intermediary for several clinical training placements.
- NN. Volunteer services at Health Alliance of the Hudson Valley (HAHV) to oncology patients offering music and imagery to individuals, as well as to group sessions, from June 2010 to December 2013.
- OO. Nominated Volunteer of the Quarter at the HAHV for the services provided at the Reuner Cancer Support House, January 2013.

- PP. Helping in administrative work for the Music Therapy Program during a transitional period from 2010 to 2012.
- QQ. Academic advisor for a caseload of 18 advisees upon arrival as a Junior Professor. For the past years, the number has fluctuated between 16 and 65.
- RR. Member of the Committee to prepare the Mid Atlantic Music Therapy Conference on March 2011.
- SS. Member of several professional organizations, such as the American Music Therapy Association, the World Federation of Music Therapy and the American Music and Imagery association.
- TT. Member of Thesis Committee for students: Elisa Clark, Jennifer Plumley, Aimee Lathrop, Amber Lee, Jenna Greczek, Tina Hobada, Daniel Morgeston, Yu Hsuan Chiang, Jingjun Guo, Shaundra McCarter, Loting Chen, Justin Wixson, Christina Stack, Kristen Schroder, Elizabeth Mazzone, and Joan Bender from Fall 2009 to present.
- UU. Member of the Search Committee for a lecturer position for the Music Therapy Program in 2010.
- VV. Member of the Committee to organize the Youth Conference at SUNY New Paltz during Fall 2009 and Spring 2010.
- WW. Program Representative at all Admissions Recruitment Programs from Fall 2009 to present.
- XX. Program Representative in National and International Music Therapy Conferences to Students Recruitment Programs from 2010 to present.

X. Professional Work in Progress

- A. May 25-26, 2018, invited to teach a 30-hour course on the clinical applications of music and imagery in the medical setting in Valencia, Spain.
- B. It is expected that the second class of GIM training will be offered in Barcelona Spain by January 2018. (UPDATE!?)
- C. In the process of translating the English booklets of the GIM training program.
- D. I am in the process of writing a Music Therapy Handbook entitled, *Communication Through Music with Spanish-Speaking Clients*.
- E. I am expecting to receive the credentials from the Association of Music and Imagery to become a Primary Trainer this coming January 2018.
- F. Once I receive the credentials of a Primary Trainer in the Bonny Method of Guided Imagery and Music, I am planning to write a course proposal to be endorsed by the Association for Music and Imagery to offer GIM training at the college.
- G. Planning to submit a proposal to the College Curriculum Committee this coming year 2017 for the course called, *Music and Imagery in Psychiatry and Medical Settings, Addressing Adults and Children*.
- H. Planning to submit the following articles:
 - a. The Effects of Music Imagery Relaxation (MIR) on Anxiety Levels of Indian Women Undergoing Breast Cancer Surgery. To be submitted to the Journal of Music Therapy.
 - b. Creating Playlists of Devotional Music Preferences in Indian Culture Addressing the Three Major Religions: (1) Hinduism; (2) Christianity; and (3) Islam. To be submitted to the Journal of Music and Medicine.

- c. A Pilot Study Assessing the Validity of a Culturally-informed, Self-developed Questionnaire Examining Pre-/Post-Surgery Anxiety in Oncology Patients. To be submitted to the journal, Voices.
- d. A Research-based Protocol Administering a Pre-surgery Music Imagery Relaxation (MIR) Intervention in India: Adaptations and Cultural Considerations. To be submitted to the journal, Music Therapy Perspectives.
- e. Reflections on Music Therapy Approaches to Assess Pre-Surgery Anxiety: Considerations in Determining the Efficacy of Music Therapy in Reducing Pre-Surgery Anxiety. To be submitted to the journal, Music Therapy Today.



D. Donald Jimenez

Signature: _____

Date: December 2017